



Free agency, draft alter league hierarchy

SPORTS, 1B

Kitsap Sun

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Joshua Johnson, of Port Orchard, and his kids Benjamin, 6, and Viviane, 2, play the sidewalk drum pipes during the Quincy Square Grand Opening in Bremerton on July 12. MEEGAN M. REID/KITSAP SUN

Quincy Square officially opens

A new era for downtown Bremerton begins

Skylar Stock Kitsap Sun | USA TODAY NETWORK

The opening bash of Quincy Square kicked off a new beginning in downtown Bremerton Saturday. • With the stage in place and key stakeholders lining the block, there was no shortage of community and entertainment offered. The event, put on by the Downtown Bremerton Association and City of Bremerton in collaboration with Black Night Market, showcased the vision of Fourth Street that so many had been hoping for.

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Longer detox stays tested to curb opioid addiction

Conor Wilson
Kitsap Sun
USA TODAY NETWORK

Pierce County's only facility offering medically supervised drug detox will double the number of days clients facing opioid use disorder can spend in its care, an effort to improve outcomes and combat the unique challenges of treating fentanyl withdrawals.

For decades clients have spent up to five days in detox, said Margo Burnison, Director of Behavioral for Pierce County Human Services. A standard that often provided sufficient time to remove alcohol and most drugs from the system. Yet fentanyl – an opioid 50 times stronger than heroin known for its intense withdrawals – has proved to be an outlier.

"Part of our approach was realizing and understanding that things have changed over the 30 past years," Burnison said. "Some of the standards we still operate off of don't really apply."

During a series of roundtable discussions, substance use treatment providers reported clients with past fentanyl use were having low success rates after completing a stay in detox, Burnison said. Patients were leaving lethargic, unable to participate in follow-up inpatient care or otherwise maintain long-term recovery.

Derek Murphy, director of clinical services at the Olalla Recovery Centers, said they noticed some clients would not experience the most acute symptoms of fentanyl withdrawal until they reached their fifth, sixth or even seventh day of detoxing. That is later than other substances and around the time they would be leaving detox for an inpatient facility.

"When those full blown withdrawals happen in an inpatient setting – and

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Silverdale cake business expanding franchise across Narrows Bridge

Peiyu Lin
Kitsap Sun
USA TODAY NETWORK

A mother and daughter in Kitsap are contributing to the rapid growth of the nation's largest specialty cake company,

named Yelp's No. 5 fastest growing brand in 2025.

The owners of Nothing Bundt Cakes in Silverdale, Donell Martinez and her daughter Breane Martinez, opened their second Nothing Bundt Cakes location in March, in Lakewood, four years after

they brought the cake franchise to Kitsap County in 2021.

With the company's support, the Martinez duo is now preparing to open a location in Bellingham later this year,

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Bundt cakes fill the front counter display case at Nothing Bundt Cakes in Silverdale on July 9.

MEEGAN M. REID/KITSAP SUN

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