

Looking ahead: Week 4 of Section 4 high school football season

SPORTS, 1B

STAR-GAZETTE

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Wineglass Race Series to hit Steuben County



Jenny Simpson of Boulder, Colorado, finishes first in the Wegmans Wineglass Half Marathon women's race on Market Street in Corning on Oct. 6, 2024. ANDREW LEGARE/ELMIRA STAR-GAZETTE

Jeff Smith

Corning Leader | USA TODAY NETWORK

About 6,500 runners will compete this weekend in the 44th annual Wineglass Race Series through the hills and streets of Steuben County in the scenic Finger Lakes region.

Sheila Sutton, Wineglass Marathon race director, said the event will culminate Sunday, Oct. 5 with the Wineglass Marathon featuring a field of runners from 48 states and 17 different countries.

"There will be over 3,000 runners taking part in the half marathon and about 2,700 in the full marathon," Sutton said. "On Saturday many runners taking part in the marathon and many who are not will take part in the Williams Toyota Wineglass 5K."

Sutton said the marathon will feature a strong, elite field of both men and women runners.

"We have runners that are shooting to run a onehour-and-four-minute half marathon, and a twohour-and-twenty-minute marathon," Sutton said. "Some runners are shooting to qualify for the Olympic trials and some to set the course records."

Chris Sharkey, a Wineglass Race Series board member, said many people are looking forward to a really big weekend in the area.

When the Wineglass Marathon events start

The Williams Toyota Wineglass 5K, open to runners of all ages and skill levels, starts at 8 a.m. Saturday and finishes near War Memorial Stadium at Corning Painted-Post High School. All finishers will receive a medal.

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Social Security paper checks end

Emily Barnes

New York Connect Team | USA TODAY NETWORK

As of Sept. 30, New Yorkers and others across the country are no longer able to receive a paper Social Security check in the mail.

The Social Security Administration announced earlier this year they're going paperless because electronic fund transfers process more quickly, cost less and are a safer way to receive your benefits than paper checks. President Donald Trump issued an exec-

utive order issued in March declaring federal benefit payments to primarily be issued electronically, which has led to paper checks being phased out in many cases.

"This change is part of

"This change is part of a broader governmentwide initiative to modernize payment systems and enhance service delivery," the SSA said. "By

security, and ensure beneficiaries receive their monthly benefits promptly." The Social Security Administration

exclusively, we aim to

improve efficiency,

"By moving to electronic payments

moving to electronic payments exclusively, we aim to improve efficiency, security, and ensure beneficiaries receive their monthly benefits promptly."

According to the SSA, the change will only affect a small group of beneficiaries who haven't switched to electronic payment methods yet. Here's how to sign

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USA TODAY

Wegmans ranked one of America's best grocery stores in 2025

Marcia Greenwood

Rochester Democrat and Chronicle | USA TODAY NETWORK

Rochester-based Wegmans Food Markets is one of the top grocery stores in the country, according to the USA TODAY 10BEST Readers' Choice Awards for

Ten U.S. grocery stores were nominated by an expert panel and voted on by readers as the best for value, selection and great service.

Wegmans came in at No. 10 overall. "Devotees like the chain's prepared foods, one-stop shopping, seasonal fare and its charitable community outreach programs," the ranking read.

Wegmans came in at No. 6 for Best Grocery Store Deli, 9 for Best Grocery Store Bakery, 9 for Best Grocery Store Prepared Food and 10 for Best Grocery Store Produce.

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