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Poughkeepsie Journal

FRIDAY, DECEMBER 5, 2025 | POUGHKEEPSIEJOURNAL.COM

PART OF THE USA TODAY NETWORK

Dutchess families in need get helping hand



Natalia Mima holds an ornament she's making during an arts session sponsored by Charlia Frank Inc on Dec. 4, 2024. PATRICK OEHLER/POUGHKEEPSIE JOURNAL

How to donate to local groups this holiday season

Nickie Hayes

Poughkeepsie Journal **USA TODAY NETWORK**

Holiday Helping Hand, the Poughkeepsie Journal's and the United Way of the Dutchess-Orange Region's fundraising campaign, is well underway for the 2025 festive season.

The drive is taking donations to help fund Dutchess County programs that provide assistance for local kids and

Local organizations will help deliver everything from holiday gifts and visits from Santa to utility assistance and

holiday dinners to those who need it most this time of year -- to families and children who might otherwise have little or nothing for the holidays.

The funds raised will go toward the following holiday season's programs.

See HELPING, Page 2A

Age experts warn of danger shoveling show

Victoria E. Freile and Emily Barnes

New York Connect Team USA TODAY NETWORK

With flurries flying and some measurable snow piling up this winter you may be wondering at what age should you stop shoveling snow?

The chore, while mundane to some, can actually be quite dangerous and even fatal to people with underlying health conditions. According to the American Journal of Emergency Medicine, nearly 200,000 adults were treated in emergency rooms for snow-shovelrelated accidents between 1990 to 2006, and more than 1,600 deaths were reported in that time frame, USA TODAY reported.

Snow shoveling is a vigorous activity, one that puts a lot of demand on the body's heart and musculoskeletal

See SHOVELING, Page 6A

NYPA hires official fired by **Trump**

Hanson to advise nuclear energy development

Thomas C. Zambito

New York State Team USA TODAY NETWORK

The New York Power Authority has hired a former chairman of the U.S. Nuclear Regulatory Commission to ease the path to federal approval for

more nuclear power in upstate New York.



Christopher Hanson, who was fired from his federal role by the Trump administration in June, will now advise NYPA as a senior consultant, working with

Todd Josifovski, a veteran of nuclear power development in Canada tapped this week by NYPA to serve as its senior vice president for nuclear develop-

As project director for Ontario Power Generation's, Josifovski oversaw

See HANSON, Page 3A

Watchdog: Signal chats violated policy of **Pentagon**

But Hegseth has authority to declassify information

Francesca Chambers and Cybele Mayes-Osterman USA TODAY

WASHINGTON - A Pentagon watchdog found that Secretary of War Pete Hegseth risked the safety of American troops and their mission when he discussed a covert military operation in Yemen over the commercial messaging app Signal, but that he had the right to declassify the information, according to a person who has seen the report.

See POLICY, Page 3A

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