



# When Crest and South Point meet, expect the unexpected

SPORTS, 1B

# THE STAR

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## ‘The DNA of Southport’



A man attaches flowers to a wooden cross set up as part of a memorial to victims of the Sept. 27 mass shooting at the American Fish Company in Southport. PHOTOS BY BOB LIEPA/STARNEWS

## Relief efforts ongoing after mass shooting

Bob Liepa

Wilmington StarNews  
USA TODAY NETWORK

Southport has a reputation for being a charitable place, and that has been fortified by the community’s reaction to a recent mass shooting.

It wasn’t long after a mass shooting took three lives and injured several others at a waterfront Southport bar that Facebook posts went out, inquiring how people could help the victims, their families and others.

A shooter from a boat fired into a

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A woman drops off flowers at a memorial to victims of the mass shooting that killed three people and injured several.

## Jury finds man guilty of fatal stabbing

Attack occurred at a gas station in Kings Mountain

Rebecca Sitzes

Shelby Star  
USA TODAY NETWORK

Timothy Prescott Parson was found guilty by a jury of a first-degree murder in the Kings Mountain stabbing death of his former girlfriend and was sentenced Sept. 29, according to the Cleveland County District Attorney’s Office.

Following a trial, which began the week of Sept. 22, Parson was sentenced to life in prison without parole and is being held at Central Prison in Raleigh, according to North Carolina Department of Corrections.

During the trial, which lasted a week, Assistant District Attorney Sadie Price said evidence showed a history of violence against Scoggins, with the latest incident taking place just two days before her death.

Price said Scoggins was assaulted on Jan. 15, by Parson when he hit her in the face multiple times.

“Ms. Scoggins went to the hospital and was found to have a concussion and busted lip,” Price said in an email to The Star.

Price said Scoggins reported the assault to Kings Mountain Police Department the following day, and officers issued an arrest warrant for Parson.

“Mr. Parson texted Ms. Scoggin at length from the time of the assault on the 15th to the murder on the 17th,” Price said. “Those text messages showed that Ms. Scoggins informed Mr. Parson that she took out charges, she also communicated that she would no longer endure his abuse, including, stalking her or tracking her

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## Company celebrates 50 years of providing home care services to Cleveland County

Rebecca Sitzes

Shelby Star  
USA TODAY NETWORK

A local business recently celebrated a half century of providing home care services to Cleveland County.

Helping Hands Nursing Services held a celebration on Sept. 11 to mark the milestone at the LeGrand Center.

Located at 407 W. Warren St., in Shelby, the agency matches people with one of its 130 caregivers who help prepare meals, take people to appointments or even out for a drive and enable the elderly to remain in their homes instead of in a facility.

Ruth Heffstetler, who has owned the business for 30 years, said it is more than just a job.

“It’s easy because I love it,” she said. “I

really believe in what we do. Nobody wants to be in a nursing home. Because of the way we’re licensed we can do it at half the price of everybody else.”

She said the staff consists of herself and an assistant.

“We’re a referral service. We have 130 caregivers that are referred out,” Huffstetler said. “They do personal care, meal preparation and light housekeeping. They will transport patients whether it’s a doctor’s appointment or to go up to the mountains to see the leaves change colors. Whatever they want to do.”

She said Helping Hands was started in 1975 by Kay Holshouser, who had previously worked in private duty care in Winston-Salem and saw a need for those

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Ruth Huffstetler, left, with caregiver Donna Daniels during the 50th anniversary celebration of Helping Hands Nursing Services on Sept. 11.

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