

Mooresville Tribune

Schools, students celebrate school lunch heroes

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Lake Norman baseball rallies in 7th, advances

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WHERE YOUR STORY LIVES

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HARD WORK AND BUTTERMILK



SHARON MCBRAYER, THE NEWS HERALD

Beatrice Smith will turn 105 on May 17. She says hard work (and buttermilk) has kept her going.

North Carolina woman says those two things have kept her going for 105 years

SHARON MCBRAYER
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On a recent Tuesday in April, Beatrice Smith spent the morning in her yard trimming flower bushes and pulling weeds, then fixed herself lunch and took a nap.

On May 17, Smith will turn 105 years old. She still lives by herself with her Chihuahua, Lily, in southwestern Burke County. She only stopped driving a car after breaking her leg at 100. After surgery and rehab,

The BrightSide

The Bright Side highlights uplifting moments across our community. Visit our website to read more and share your ideas.

The Bright Side:
Where good news lives.

Smith gets around with the aid of a walker but doesn't lean on it much. She gets up from a chair in her living room with the spryness of a woman decades younger.

Smith will soon plant green beans from seeds she's been saving since 1971. The year she broke her leg (at 100 years old), she canned 50 quarts of green beans from the same seeds.

Please see **BUTTERMILK**, Page A6

Hospice aims to raise \$2 million more

\$3 million already raised for grief center

FROM STAFF REPORTS

Hospice & Palliative Care of Iredell County is working to cross the finish line of its \$5 million capital campaign, Building Hope & Healing Hearts, to build the Brown Family Grief Center — a dedicated space

where children, families and individuals can find support, comfort and hope after loss.

With more than \$3 million already raised, the organization is entering the final phase of the campaign and working to secure the remaining \$2 million needed to bring this vision to life, according to a news release.

"For many families, the hardest part begins after hospice care ends," said Mike Smith, president/CEO of HPCIC. "Grief

doesn't go away — it changes lives. And right now, too many people in our community are navigating that journey without the support they truly need."

Every day, HPCIC serves all ages, dealing with all kinds of loss, through Bridges, an adult grief program and Rainbow Kidz, a children's grief program.

Please see **HOSPICE**, Page A6

About Hospice & Palliative Care of Iredell County

Hospice & Palliative Care of Iredell County has served the community for over 40 years, providing nationally recognized, compassionate end-of-life care and grief support to children, adults and families. Through programs like Rainbow Kidz and Bridges, HPCIC is committed to ensuring that no one faces grief alone.

Contact us
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Obituaries
There are no obituaries in today's edition.

2026 Iredell Crosby Scholars Senior Celebration sees record attendance **PAGE A3**

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