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McLaren Northern Michigan will host the Children's Health Fair at Petoskey Middle School on April 18 with a number of health education resources for families. FILE PHOTO

Find health education resources at upcoming Children's Health Fair

M. Alan Scott

The Petoskey News-Review
USA TODAY NETWORK

Health education and resources are the main themes of the 31st annual Children's Health Fair, which will be hosted by McLaren Northern Michigan on April 18 at Petoskey Middle School.

The health fair will be held from 10 a.m. to 2 p.m. with complimentary lunches from Little Bay Gourmet available to any child accompanied by at least one adult. The public event is designed to make health education engaging and accessible, offering a wide range of interactive stations and demonstrations focused on physical, dental and emotional well-being.

The event has taken unexpected breaks in recent years. It was canceled from 2020-2023 because of the COVID-19 pandemic. After returning in 2024, the Children's Health Fair was again canceled last year because of the region's massive ice storm. Organizers are now hoping for their largest turnout yet.

"Our main goal is to provide information to families about the resources available to them to support children's

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Annabelle Rieder, 6, practices doing chest compressions on a doll during the Children's Health Fair on April 6, 2024, at Petoskey Middle School.

KARLY GRAHAM/NEWS-REVIEW



Byron McCauley
Guest columnist

Fresh start on Easter through love, forgiveness

In the Christian tradition in which I was reared, Easter Sunday meant dressing to the nines. Girls in pretty pastel dresses, Men and boys in new suits. Women in elegant hats. Charlton Heston starring as Moses in "The 10 Commandments" and pastors effusing that Jesus was no longer in the tomb. The older I got, the more the Easter story meant to me: love, sacrifice, forgiveness.

Application of such themes are especially relevant these days. A war in the Middle East. Close family members not talking because of political disagreement. Unrelenting price in-

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