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StarLifestyle

Not just skin deep

As aesthetics and wellness converge, beauty ingestibles are drawing interest, scrutiny and plenty of questions. >2&3

The heat is on

Electricity demand sees a spike each time El Nino hits, causing a strain on the country's power system, data shows. Knowing how to use energy efficiently is important to beat the heat without breaking the grid. > **Read reports on page 6 by SHYAFIQ DZULKIFLI, FAZLEENA AZIZ and ARFA YUNUS**



Seeking respite: A customer browsing air-conditioners for sale at a shop in Petaling Jaya, Selangor, amid the hot weather. — FAIHAN GHANI/The Star

EC mulls MyKad scan for voters

The Election Commission may widen the use of a system that verifies voters by scanning their MyKad after testing it at the Negri Sembilan polls. Political parties want more transparency first, saying trust in the system matters most. > **Read reports on page 7**