



Hegseth: Execution to be live streamed

NEWS, 4A

The METROWEST DAILY NEWS

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There is no print edition of the paper today, but you can find today’s puzzles, comics, national news and sports here in the eNewspaper.

Loud sounds have hidden health risks



When using power tools, lawn equipment or other machinery, wear properly fitted earplugs or earmuffs from the start, rather than waiting until the noise becomes uncomfortable. PHOTOS BY GETTY IMAGES

Noise pollution a serious but often forgotten hazard

Laura Coco
San Diego State University | THE CONVERSATION

The human body is remarkably good at getting used to the environment around it. You’ve probably experienced this if you’ve ever gone to a matinee and emerged from the dark theater into sunshine. Your eyes sting, so you squint and shield your face until they adjust to the bright sunlight. • In the same way, the body can grow accustomed to constant noise. With repeated exposure to traffic, leaf blowers, construction, loud music, crowded restaurants, fitness classes and sporting events, you can become accustomed to loud environments. Over time, what once seemed unusually loud may barely register.

See NOISE, Page 3A



Hearing damage is only part of the story. Noise acts as a stressor, activating the autonomic nervous and endocrine systems and affecting heart rate, blood pressure and other physiological processes.

Question 4 would allow same-day voter registration

Margie Cullen
USA TODAY NETWORK - New England

Massachusetts residents could register to vote on Election Day if one question on the Massachusetts ballot passes this November. Currently, Massachusetts law requires voters to register 10 days before an election. Question 4 would eliminate this requirement and instead make it legal to register on Election Day with proof of residency and an affidavit of eligibility. Massachusetts Secretary of State William Galvin proposed the question and several top officials, including Gov. Maura Healey, Lt. Gov. Kim Driscoll and Attorney General Andrea Campbell, have endorsed it. “Massachusetts is where American democracy began, and there is no

See QUESTION 4, Page 3A

Spotted lanternflies begin laying their eggs

Catherine Messier
USA TODAY NETWORK - New England

Sick of the spotted lanternflies taking over Massachusetts? Unfortunately, they might be here to stay. While many of New England’s summer insects hide before the winter, the spotted lanternfly’s eggs survive the cold, with egg laying happening this fall right under our noses. Without human intervention, the next generation of spotted lanternflies will hatch next spring, filling yet another Massachusetts summer with the invasive species. Wondering what you can do to get rid of the lanternflies? Here’s what to know about the pest as Massachusetts prepares for winter, according to the

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