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Bill to ban time change passes US House

Saman Shafiq, Zachary Schermele
and Margie Cullen
USA TODAY NETWORK - NEW ENGLAND

The U.S. House of Representatives voted on Tuesday, July 14, to allow states to enact daylight saving time year round, a move that could impact Massachusetts.

The legislation, which passed 308-117, would largely stop the practice of “springing forward” and “falling back.” All of the Massachusetts delegation but Rep. Ayanna Pressley, D-Mass., voted in favor of the legislation.

If passed by the Senate and signed by President Donald Trump, it would prompt later sunrises and sunsets during a significant portion of the year over much of the country.

Advocates of the change, which would end a decadeslong custom in the United States unless states preemptively opt out of it, have said changing the clocks contributes to negative health effects and traffic accidents.

“Americans are overwhelmingly supportive of this policy,” U.S. Rep. Brett Guthrie, R-Kentucky, said during a July 13 committee meeting to advance the bill. “Locking the clock all year long would have positive impacts on sleep schedules, energy conservation, motor vehicle safety and our economy.”

Introduced by U.S. Rep. Vern Buchanan, R-Florida, the Sunshine Protection Act of 2025 has the backing of Trump, who recently called seasonal

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A big commitment

Arlington teen gives guinea pigs a second chance at life

Ruth Thompson
Wicked Local | USA TODAY NETWORK

ARLINGTON — Emily Ristuccia got her first guinea pig when she was 9, and — like a lot of kids today — she set up an Instagram page for her new pet. She realized there were other people who shared her love of guinea pigs, and she also became aware of the need for guinea pig fosters.

“I started fostering guinea pigs with the MSPCA (Massachusetts Society for the Prevention of Cruelty to Animals) at 12, then realized it was easier to go out and rescue the pigs myself,” she said. “I was about 15 when I did my first rescue.”

Fast-forward a couple years and Ristuccia, now 17 and a 2026 Arlington High School graduate, is founder of Piggy Overnight Camp, a rescue and boarding service for guinea pigs.

“I kept seeing bad situation after bad situation,” she said. “When you see something like that, you just can’t not help.”

Piggy Overnight Camp is based in Ristuccia’s Arlington home, which she shares with her parents,



Emily gives treats to guinea pigs in her bedroom on July 13. She runs Piggie Overnight Camp, a licensed nonprofit that rescues and boards guinea pigs.

younger sister, two cats and a bunny.

“My parents have always been supportive,” she said. “My sister helps me out with the guinea pigs. My mom did all the paperwork to create the nonprofit because I’m under 18. She’s very helpful.”

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The Massachusetts Department of Correction said it opened this Reintegration House at MCI-Framingham to support women preparing for release back into the community. PROVIDED BY MASSACHUSETTS DEPARTMENT OF CORRECTION

Dept. of Correction opens Reintegration House at MCI-Framingham for women

Beth McDermott
MetroWest Daily News | USA TODAY NETWORK

The Massachusetts Department of Correction said it has opened a Reintegration House at MCI-Framingham to support women preparing for release back into the community.

The pre-release residence offers structured programming focused on daily living skills, employment readiness, family reunification and personal development, according to a community announcement. Participants receive support from clinicians, correctional staff and reentry specialists as they work to build stability before returning home.

State officials said the program advances the DOC’s

five-year Align Initiative, which aims to reduce recidivism, strengthen families and improve public safety.

“Massachusetts continues to be a leader in recidivism reduction because of our collective focus on increasing sustainable pathways of successful reentry,” said Secretary of Public Safety and Security Gina Kwon, in a statement. “The Reintegration House builds on that commitment by preparing women with skills and support systems needed to successfully return to the community.”

DOC Commissioner Shawn Jenkins added that the residence gives participants a more realistic environment to build confidence and independence.

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