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“I don’t have to think about whether I am standing on one side
alive and the other side with my foot in the grave.”

Kidney recipient LQ Goldring



LQ Goldring of Bardstown endured four-hour dialysis sessions for years and made every effort to find a kidney donation. She became an advocate for improving access to kidneys — especially for people of color — and testified before Congress. MATT STONE/COURIER JOURNAL

After 11 years on dialysis, this Bardstown woman finally got a new kidney

Maggie Menderski
Louisville Courier Journal
USA TODAY NETWORK

LaQuayia “LQ” Goldring, 37, hoped dialysis would keep her alive long enough to see all her siblings graduate from high school.

The Bardstown woman was a cancer survivor, a college student and a big sister to 11 when the donated kidney she’d received at just 17 years old began failing in 2014.

Without a second transplant, she’d eventually die.

But that life-saving donated kidney had exposed the Bardstown woman’s immune system to so many foreign human tissues and produced antibodies that they made Goldring a nearly impossible match for a new organ. So, several times a week for 11 years, she’d spend four hours hooked up to a dialysis chair. The machine manually filtered waste, removed excess fluid and balanced chemicals like sodium and potassium in her blood because she didn’t have a functioning kidney to do so.

As time passed, Goldring tapped into every program she could with the National Kidney Registry trying to find a

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Goldring’s final hemodialysis treatment at UK Chandler Hospital the night before her kidney transplant in June 2025.

PROVIDED BY LQ GOLDRING

ELECTION 2027

KY secretary of state race already has 2 contenders

Gubernatorial contest won’t be
the only one to heat up early

Lucas Aulbach

Louisville Courier Journal
USA TODAY NETWORK

Expect the race to replace term-limited Gov. Andy Beshear to dominate headlines leading up to Election Day in 2027. Democrats have a competitive primary underway, while Republicans are hoping to retake the governor’s mansion for just the third time since the turn of the century.

But the race for another office is beginning to heat up as well. Two Republican candidates have announced intentions to follow Secretary of State Michael Adams, in the stretch run of his final term, and the list could get longer in the months ahead.

Jack Whitfield, a 32-year-old attorney based out of Franklin who served in the U.S. Army before clerking for two U.S. House committees, launched his campaign with an online ad touting his service and his plans if elected. Brad Holsclaw, a former Jefferson County Clerk’s Office employee with experience in government relations, has announced he’s running as well.

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Secretary of State Michael Adams voted at St. Matthews Community Center on May 11, 2023.

SCOTT UTTERBACK/COURIER JOURNAL

WAR IN THE MIDDLE EAST

War takes toll on Iranian diaspora

Marc Ramirez and Paris Barraza

USA TODAY

LOS ANGELES – When the war with Iran began, Freddy Kashani would set his alarm for 6 a.m., wake up and turn on the news, monitoring reports all day until bedtime.

Kashani co-owns Saffron & Rose, a Persian ice cream shop in Los Angeles. His family is from Iran, and some of his employees have family members there. A part of him was excited to see potential change in Iranian leadership. But as a war originally touted to last just weeks reaches its six-month mark, he has only questions – and a feeling like nothing is happening.

“What are we doing?” Kashani said. “Is there a plan?”

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