



Pressure mounts as peace talks resume

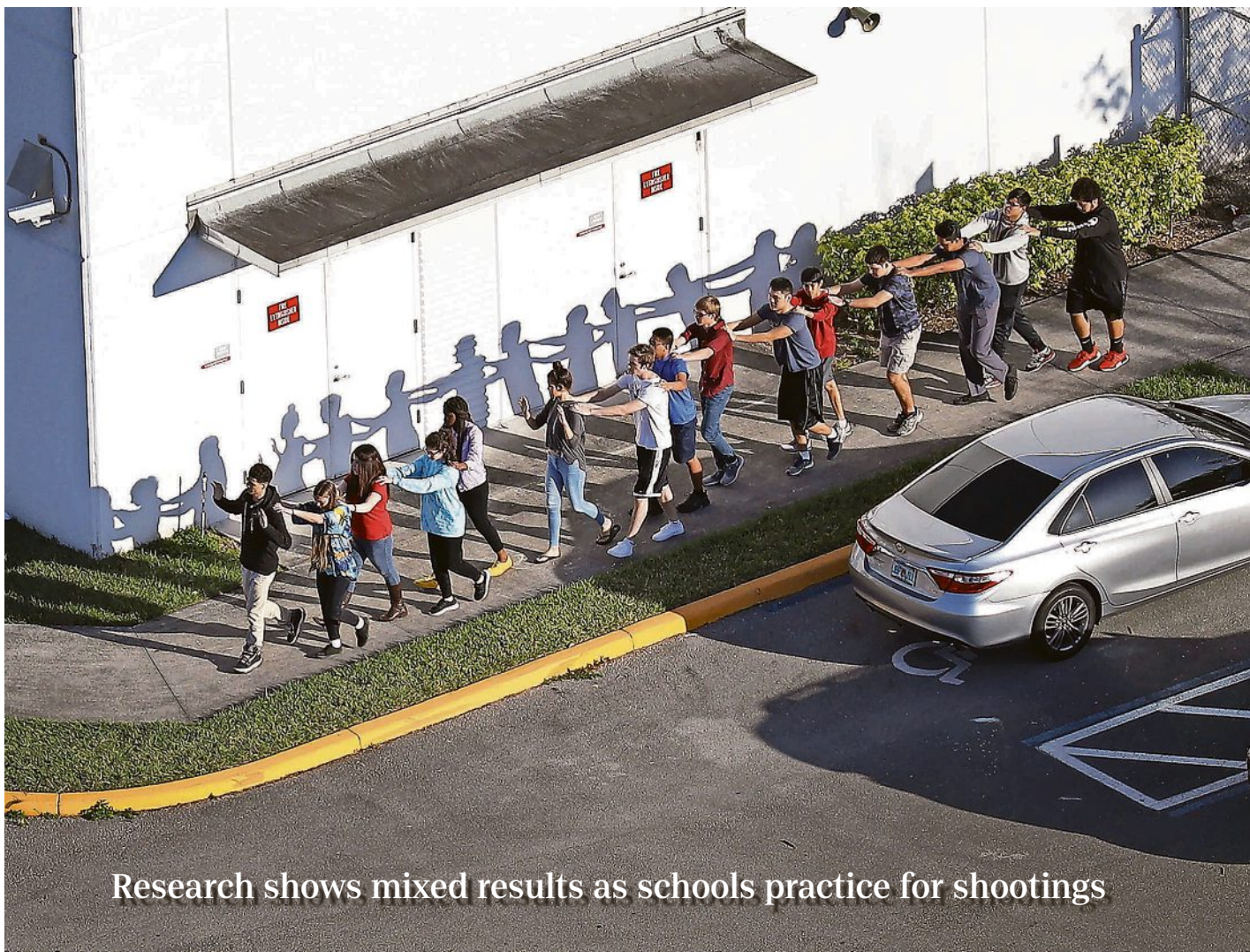
INSIDE, 2A

Daily Ledger

TUESDAY, MAY 26, 2026 | CANTONDAILYLEDGER.COM

PART OF THE USA TODAY NETWORK

THE LIMITS OF LOCKDOWNS



Research shows mixed results as schools practice for shootings

People are brought out of Marjory Stoneman Douglas High School after a shooting on Feb. 14, 2018, in Parkland, Florida. More schools nationwide began practicing lockdown drills after the Parkland shooting. JOE RAEDLE/GETTY IMAGES

James Densley
Metropolitan State University | THE CONVERSATION

There have been 63 school shootings – meaning any time there is gunfire on a school campus – so far in 2026. • They happen so often that preparing for one has become normal. Students as young as 4 years old routinely practice for the possibility of a school shooting with lockdown drills – typically, hiding in the corner of a dark classroom, behind a locked door.

Pauls Valley High School in Pauls, Oklahoma, went into lockdown on April 7, after an armed gunman fired shots inside the building. Kirk Moore, the school’s principal, tackled the gunman and got shot in the leg.

The lockdown and Moore’s heroism clearly prevented any further violence in this rare school shooting situation with a positive ending. But by and large, do lockdowns typically work to keep students safe?

See SHOOTINGS, Page 3A



Volunteer students wearing makeup to simulate injuries participate in a school shooting and mass evacuation drill at Lincoln Middle School in Alameda, California. So far, the available research shows mixed evidence on whether shooting drills help students feel more prepared or scare them. JUSTIN SULLIVAN/GETTY IMAGES

War and strategy degree set to launch this fall

Program to include top defense leaders

Helen Rummel
Arizona Republic
USA TODAY NETWORK

PHOENIX – Arizona State University will soon offer a new war and strategy degree in partnership with the U.S. government.

The master’s degree will be offered to active-duty military members and others selected by the U.S. Department of War, formally named the Defense Department. It will focus on the intricacies of war and its goals, as well as strategies for improved international relations. Around a dozen students will begin the program this fall at Arizona State’s Washington, DC, location.

The type of program is among few others in the country, said Ryan Shaw, Arizona State’s managing director of strategic initiatives. It will eventually have capacity for up to 24 master’s students, whom the university says will include some of the nation’s top leaders in defense.

“This is a small program and it’s the only one in the government,” Shaw said. “So, certainly, no one is doing it the way we are doing it.”

Arizona State won the bid from the U.S. government this spring to take on the program. It was previously administered at Johns Hopkins University.

The studies will include seminars, traditional coursework and war games, which are strategy games intended to simulate warfare.

Students assume the role of someone in power, whether that be a military commander or president, and explore how different war scenarios play out. Arizona State hopes to update those systems by incorporating its own data analysis technology.

“The investments we made in 1941, how does that play out to the conclusion of a war in 1945?” Shaw said. “And what if we went back and made a different set of investments?”

The new addition at Arizona State comes as the United States remains involved in several major conflicts globally, which have reverberated in daily life across the nation.

See DEGREE, Page 3A

Ultra-processed foods not easy to ID

Study tests ability to spot nutritional quality

Wheeler Cowperthwaite
Providence Journal
USA TODAY NETWORK

PROVIDENCE, RI – Here’s a pop quiz: Which of the following foods are considered ultra-processed according to researchers, and what is their nutritional

- quality?
- Fresh Express Chopped Asian Salad Kit
 - Utz Original Potato Chips
 - 365 Unsalted Mini Twists [pretzels]
 - Del Monte 100% Juice Fruit Cocktail

Two of the four entries are ultra-processed. Two are considered to have high nutritional quality, and two are considered to have low nutritional quality. [Answers are at the bottom of this story.]

The bigger questions are: How easily can the public discern what an

See STUDY, Page 3A



No one should feel bad about having a hard time identifying what an ultra-processed food is, because there is no clear definition. WHEELER COWPERTHWAITTE/PROVIDENCE JOURNAL

Subscriber-only eNewspaper

The eNewspaper is an electronic copy of your print newspaper. Enjoy every page by going to cantondailyledger.com/enewspaper or scan this code on your mobile device. You will also find late news and sports in the bonus sections. Check it out today!



Volume 114 | No. 125
To subscribe 647-5100
©2026

\$1.00



7 18122 00630 4