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The Augusta Chronicle

WEEKEND

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AUGUSTA EATS

‘THE FILET MIGNON OF CHICKEN’



The Magoo’s Favorite Salad at Huey Magoo’s on Aug. 29 on Harper Franklin Avenue in Augusta. The salad comes with chicken, walnuts, tomatoes, cranberries, and Raspberry Walnut Vinaigrette. KATIE GOODALE/AUGUSTA CHRONICLE

Huey Magoo’s first local restaurant is just the start

Jennifer Miller Augusta Chronicle | USA TODAY NETWORK

Business was brisk during lunchtime at the new Huey Magoo’s Chicken Tenders off Jimmie Dyess Parkway on a recent Friday. • Assistant General Manager Tiberius Wrice said the first month the restaurant has been open has been busy. • It’s located near Fort Gordon, several new apartment complexes, and in front of the Kroger. And there are several other restaurants close by that have opened or plan to open soon. • The Grovetown location is the first in the Augusta area for the fast-growing chain that bills itself as “the filet mignon of chicken.” See EATS, Page 7A

Professor: Seashells hold key to recycled plastic

Erica Van Buren
Augusta Chronicle
USA TODAY NETWORK

Georgia Institute of Technology researchers are looking into how best to make recycled plastic more durable and keep it out of landfills. One avenue of research could involve a common item that barefoot beach walkers regularly encounter – seashells – as a source of inspiration.

“We are all aware that plastics are a huge issue for the environment,” said Christos Athanasiou, an assistant professor at the Daniel Guggenheim School of Aerospace Engineering at Georgia Institute of Technology. “... So from all the plastic that is produced annually, only 10% is recycled.”

Athanasiou said there are a number of scientific and technological barriers preventing scientists from moving further than that low recycling percentage.

In the United States, approximately 26 to 27 million tons of plastic were sent to landfills in 2018 and 2019, according to the U.S. Environmental Protection Agency. Reports from 2021 indicate that at least 85% of plastic waste went to landfills that year. Overall, the majority of plastic waste, even that collected for recycling, often ends up in landfills or is incinerated due to a low recycling rate.

“My team and I looked at how materials deform and fail,” Athanasiou said. “We considered looking into nature. So, if we take, for example, seashells, these are amazing structures. They can form in very different environments. For example, you can have

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NJ man plans climb – in his wheelchair

Gene Myers
NorthJersey.com
USA TODAY NETWORK

Jeff Harmon is not going to let limitations define him.

The 51-year-old Boonton, New Jersey resident, who has used a wheelchair since 2017, is preparing to climb Mount Kilimanjaro this month with the help of a 32-member team.

The climb will take Harmon to the summit of Tanzania’s 19,341-foot peak. His team, including several local friends, will use ropes to help Harmon propel himself to the top of Africa’s highest point. Over four days, the team will rotate in shifts to handle the physical demands of helping a 6-

foot-3, 210-pound man ascend into thin air.

“I’ve learned that fear isn’t the problem – it’s being stuck because of fear,” Harmon said. “Limits are only limits if you decide they are.”

Harmon grew up in Bradenton, Florida, and moved to New Jersey in 2005 after meeting his wife, Sandy. The couple married that year and have two daughters, 17-year-old Maddie and 13-year-old Gloria. Harmon, a leadership coach, started his business, Brilliance Within Coaching & Consulting, in 2011.

He was later diagnosed with adrenomyeloneuropathy, a genetic condition that damaged the nerves along his spine and made it difficult to control his legs.

But Harmon never stopped pushing the boundaries. Two years ago, encouraged by fellow competitors at an obstacle course race, he set his sights on Kilimanjaro, the world’s tallest free-standing mountain.

Harmon founded the nonprofit My Impossible to raise money for the trip and fund a documentary. So far, \$105,000 has been collected toward a \$125,000 goal.

His trip is meant to be the start of something, not the finale. Harmon wants My Impossible to help others pursue their own life-changing adventures, connecting them with training, funding and fellow adaptive athletes. The website says its mission is to “inspire and support those

See CLIMB, Page 2A



Jeff Harmon trains with some of the members of his 32-person team on Aug. 26 in New Jersey, in preparation for his climb up Mount Kilimanjaro. CHRIS PEDOTA/NORTHJERSEY.COM

