



BEFORE THEY WERE VILLAGERS | C5
Elaine McPherson taught home economics and life management skills in Maryland and Florida.

6 a.m. 9 a.m. 12 p.m. 3 p.m. 6 p.m. 9 p.m.
70° 75° 85° 90° 84° 78°

OUT & ABOUT IN THE VILLAGES | A4
Senior writer Veronica Wernicke shares observations from a day in The Villages.



IN SPORTS | B1

Miami Dolphins coach Mike McDaniel tries to maintain an even keel despite the possibility of an 0-3 start after tonight's AFC East game in Buffalo.



IN LIFESTYLE | E1

Learn to paint or brush up on your skills with Paint and Sip from noon to 3 p.m. at The Legacy Restaurant at Nancy Lopez Country Club in The Villages.

Enjoy a lunch platter and domestic draft beer or house wine while Kathy Hodge Rolfes performs a step-by-step demonstration for participants to follow. Seating is limited for each class.

NATIONAL PREPAREDNESS MONTH

Emergency Prep Still As Important As Ever

By ELLA SHAMS | Daily Sun Staff Writer

Tropical Storm Gabrielle and another development forming in the Atlantic Ocean are reminders that Floridians must be prepared this hurricane season.

September is National Preparedness Month, a time used to bring awareness to disaster preparation nationwide. However, it is especially important in Florida because of hurricane season, which ends Nov. 30. While September and October are peak months, there is still time to get ready — a process that's about understanding risks after a disaster, such as scams, and getting the right supplies.

Please See **PREPARE, A7**



BASIC EMERGENCY KIT ESSENTIALS

- » Water — 1 gallon per person per day for several days
- » Food — at least a several-day supply of nonperishable food
- » Flashlight
- » Battery-powered or hand crank radio and a weather radio
- » First aid kit
- » Extra cash, batteries
- » Whistle to signal for help
- » Ample medications
- » Plastic sheeting, scissors and duct tape to shelter in place
- » Moist towelettes, garbage bags and plastic ties for personal sanitation
- » Wrench or pliers to turn off utilities
- » Manual can opener for nonperishable food
- » Local maps
- » Cell phone with chargers and a backup battery

IN NATIONAL NEWS | A2

3 OFFICERS KILLED, 2 INJURED BY SHOOTER IN SOUTHERN PENNSYLVANIA

The shooting took place Wednesday in the area of North Codorus Township, about 115 miles west of Philadelphia. Police haven't given details about those involved but York Hospital said it was treating two people in serious condition.

IN NATIONAL NEWS

KIRK SHOOTING SUSPECT FEARED BEING SHOT BY POLICE, SHERIFF SAYS

Tyler Robinson arrived with his parents Sept. 11 to turn himself in at the Washington County Sheriff's Office. **A5**

IN NATIONAL NEWS

FEDERAL RESERVE CUTS RATE FOR FIRST TIME THIS YEAR

The quarter-point cut to the Federal Reserve key interest rate could reduce borrowing costs and boost hiring. **A9**

ONLY IN THE VILLAGES

By Jammal Cutler

From the moment Conor Essenburg first swung a plastic bat in his backyard, his grandparents, Dale and Joan Essenburg, have been his most devoted fans. This summer, their steadfast support helped drive a milestone neither of them could have imagined: Watching Conor's name flash across the screen during the fifth round of the 2025 MLB Draft.

Please See **ESSENBURG, A6**

AN AGING POPULATION

3,000

The approximate number of assisted living communities in the state of Florida, according to the National Center for Assisted Living. More than 32,000 assisted living communities across the United States serve almost 1.2 million people, according to the American Health Care Association.

57%

The percentage of people age 65 or older in Sumter County. In 2024, Sumter had the highest percentage of senior residents in the state at 57.2% of the population, according to Census estimates, primarily because of migration to The Villages. Charlotte County has the second highest percentage at 40.6.

Seminars Help Caregivers Navigate Local Resources

By MADDIE CUTLER | Daily Sun Senior Writer

The number of seniors 65 and older in Sumter County was up to 88,546 as of the 2024 Census, a year-over-year increase of 18%. With more seniors moving to The Villages every day, long-term care is a topic everyone needs to understand yet no one wants to talk about. Organizations in the area

are trying to change that by leading seminars to help seniors understand the importance of long-term care planning and how to navigate all the options.

"I tell people to get your ducks in a row. When you are retiring, you should be

Please See **CAREGIVERS, A8**

INSIDE TODAY'S DAILY SUN

TEST YOUR NEWS IQ

COLORFUL WAVES IN CALIFORNIA, ACTIVE ANTS AND A CELEBRATION OF MANTA RAYS

1. A temporary, _____ hued dye will help in the study of water circulation and quality in California. **Page A19**

- a) Green
- b) Pink
- c) Purple
- d) Orange



2. Ants are more active when it is raining, as the water washes away their pheromone trails. **Page A18**



3. World Manta Day was Wednesday. The day helps to bring awareness to the endangered species, which has the largest _____ of any fish, that operate as filter feeders and marine taxis. Mantas have been threatened recently by overfishing around the world. **Page A17**

- a) Brain
- b) Heart

- c) Teeth
- d) Fins

BY THE NUMBERS

TOP TECHNOLOGIES FOR AGING IN PLACE

- 1. Medical alert devices
- 2. Blood pressure monitors
- 3. Electric wheelchairs or scooters
- 4. Indoor security cameras
- 5. Pill dispensers/reminders

There's a low penetration rate among adults ages 50 and older for "age-tech," according to an AARP study. Older adults are well aligned on the potential utility that age tech could have for their aging-in-place goals, but they don't choose to "readily adopt it."



Make it a Great Day!

Weather	C2
Recreation Listings	C6-7
Recipes	D1
Comics	D4
Puzzles	D5-6
Horoscopes	D7
Advice	D10

